



extreme *ballroom company* GIRLS' NECESSITIES LIST

TEAMS	REQUIRED	RECOMMENDED
<p>Youth Gold Medley (YG) (Staci checks all YG shoes before Nationals and may require a new set of one or both styles if shoes are too worn.)</p> <p>Youth Blue Medley (YB)</p>	<p>Team Shirt (included with registration fee) *</p> <p>Team Jacket & Warm Ups *</p> <p>Black Leggings (no pockets/no designs/no mesh)</p> <p>Black Latin Syllabus Skirt (knee-length) ♥</p> <p>Black Syllabus Leotard (scoop or turtleneck) ♥</p> <p>Nude Layering Leotard ♥</p> <p>Footed Tights *</p> <p>Fishnets *</p> <p>Flavia Latin Shoe * (YB)</p> <p>Bela Latin Shoe * (YG)</p> <p>ICS Round-Toe Standard Shoe *</p> <p>One All Black T-Shirt (no designs)</p> <p>One Pop-Up Laundry Hamper - Dollar Store</p>	<p>Practice Dance Shoe ♥</p>
<p>Youth Showcase (YS) (Additional shoes may be required depending on routines, e.g. lindy or cabaret dance paw. <i>Brand new</i> dancers may wear any Latin shoe that approximates our current style and color. See: Shoe Requirements)</p>	<p>Team Shirt (included with registration fee) *</p> <p>Nude Layering Leotard ♥</p> <p>Footed Tights *</p> <p>Fishnets *</p> <p>Flavia or Bela Latin Shoe *</p>	<p>Team Jacket*</p> <p>All Black Leggings (no mesh)</p> <p>Practice Dance Shoe ♥</p>
<p>Yth/Jr Intermediate All Girls (IAG) Jr Advanced All Girls (AAG)</p>	<p>Team Shirt (included with registration fee) *</p> <p>Nude Layering Leotard ♥</p> <p>Footed Tights *</p> <p>Fishnets *</p> <p>Flavia Latin Shoe *</p>	<p>Team Jacket*</p> <p>All Black Leggings (no mesh)</p> <p>Practice Dance Shoe ♥</p>
<p>Junior Gold Medley (JG) Junior Show (JS)</p>	<p>Team Shirt (included with registration fee) *</p> <p>Black Latin Syllabus Skirt (knee-length) ♥</p> <p>Black Syllabus Leotard (scoop or turtleneck) ♥</p> <p>Nude Layering Leotard ♥</p> <p>Footed Tights *</p> <p>Fishnets *</p> <p>Flavia Latin Shoe *</p> <p>ICS Round-Toe Standard Shoe * (JG)</p> <p>One All Black T-Shirt (no designs) (JG)</p> <p>One Pop-Up Laundry Hamper - Dollar Store (JG)</p>	<p>Team Jacket *</p> <p>All Black Leggings (no mesh)</p> <p>Practice Dance Shoe ♥</p>
<p>PreTeen Gold Medley (PTG) PreTeen Blue Show (PTB) PreTeen All Girls (PAG)</p>	<p>Team Shirt (included with registration fee) *</p> <p>Nude Layering Leotard ♥</p> <p>Black Syllabus Leotard (scoop or turtleneck) ♥</p> <p>Black Latin Syllabus Skirt (knee-length) ♥</p> <p>Footed Tights *</p> <p>Bela (Jr Heel) *</p>	<p>Team Jacket*</p> <p>All Black Leggings (no mesh)</p>

TEAMS	REQUIRED	RECOMMENDED
PeeWee Show (PWS)	Team Shirt (included with registration fee) * Footed Tights * Flavia (Cuban Heel) * Hairpiece * Nude Layering Leotard ♥	
ExtreMinis (Minis)	Team Shirt (included with registration fee) * Footed Tights * Black Split Sole Jazz Slipper + Hairpiece * Nude Layering Leotard ♥	
Technique Only (Junior & Youth)	Team Shirt (included with registration fee)*	Latin Shoe+

* Items *MUST* be purchased in Sparkle City. We ensure the style, color, size or fit are consistent with Extreme’s requirements for the program year.

♥ Items *MAY* be purchased in Sparkle City. We maintain inventory in the required or recommended style, color, or size. However, you may choose to purchase these items outside of Sparkle City *if* they match Extreme’s requirements.

+ Ballroom shoes ordered through Sparkle City are guaranteed to fit and be in program-approved style. We charge a \$20 fitting fee if you choose, after being fit by Sparkle City, to purchase your shoe elsewhere. We cannot guarantee fit or style or cover the cost of any necessary exchanges due to improper sizing or styling for shoes purchased outside Sparkle City. New, program-required, performance shoes *MUST* be purchased through Sparkle City.

TEAMS	PERFORMANCE MAKE-UP	HAIR & SUNDRIES (ALL GIRLS)
All Youth and Juniors YG, YB, and JG note: Make-up for team events at Nationals is handled on-site by the coach	Foundation to match spray tan, concealer, black eyeliner, basic nude eyeshadow palette, blush, bronzer, highlight, black mascara, false eyelashes and eyelash glue, team lipstick color	Brush, boars-hair brush (smooths the best), comb, super-hold hairspray, hair pins (at least 20), hair nets in your hair color (3) <i>PeeWees & Minis wear hairpieces not nets</i> hair elastics (3), and mirror Optional: travel-size hair dryer
All PreTeens, PeeWees, and Minis PTG note: Nationals make-up will be handled on-site by the coach	Sunkissed bronzer, light pink blush, brown mascara, rosy-pink lipstick	MISC: Safety pins, bandages, blister care, shoe brush, extra fishnets/tights, deodorant, lotion, chap stick, sewing kit, reusable water bottle